



**A Step Toward Global Understanding: My
Rotary Youth Exchange Preparation Year
2025-2026 🇨🇪**



**AARUSH RS
RID 3206**



skaut.cz
Místní Občianske združenie
Mesto Bratislava



Ahoj



Aarush







My journey into the Rotary Youth Exchange Program began on a simple evening while watching a European football match. Inspired by the game, I asked my father if I could one day travel to Europe to experience football there. As my father is a Rotarian, he introduced me to the **Rotary Youth Exchange Program**, a platform that beautifully combines cultural exchange, education, and personal growth. What started as a love for football soon grew into a desire to experience a new culture, education system, and way of life.

My father played a crucial role in preparing me for this journey. He



explained the purpose and structure of the program, guided me through the application process, and supported me during my interview preparation. He also helped with the Czech visa appointment, and we travelled together to Delhi to complete the formalities. His guidance gave me confidence and clarity at every step.

The interview experience itself was comfortable and encouraging. I felt confident from the beginning, as the questions focused on self-introduction and general awareness. The process helped me realise the importance of being calm, honest, and well-prepared.



I was given two options to choose from: Brazil and the Czech Republic. I chose the Czech Republic because going to Europe has always been a dream for me, and I believe it would help me learn the value of discipline. In addition, Europe has a rich football culture, and this exchange gives me the

opportunity to experience football at a high level while continuing my passion for the sport. Moreover, being in the Czech Republic allows me to explore many parts of Europe with just one Schengen visa.

For these reasons, I chose the Czech Republic for my exchange.

My parents see this exchange as one of the greatest gifts they could give me. They strongly believe that learning through real-life experiences in another country teaches lessons no classroom ever can. For my father, this journey is a way of opening the world to me, helping me grow into a confident,

independent, and resilient individual.

As part of my preparation, I participated in public speaking sessions, yoga training, and basic cooking lessons conducted by the parents of fellow exchange students. These activities not only prepared me practically but also helped me bond with other exchange participants. Completing the visa process at the Czech Embassy in Delhi was another important milestone in this journey.

I am most excited about making new friends from different cultures, continuing my football journey, and



exploring local cuisine and traditions in my host country. I believe this experience will shape my future by teaching me independence, strengthening my confidence, and nurturing my curiosity to explore and learn.

In my view, curiosity and openness are the most important qualities for a successful exchange student. When we are genuinely curious, we naturally learn, adapt, and grow—making the exchange experience truly meaningful.

I would like to express my sincere gratitude to the Rotary Youth Exchange team RID3206. I extend my special thanks to Rtn.Muthukumar, DD YEP RID3206 and Rtn.Ramanathan, who inspired and motivated me to join this programme. I am also grateful to my host club, Rotary Club of Coimbatore Satellite, and to everyone who supported me in





preparing for my exchange, including Afsal Anna, Kali uncle, Rtn.Barbora (my correspondent), my host family and others who guided me throughout the process.



Annet Aarush 

Rotary Youth Exchange
Student RID3206
Czech Republic. 